

Venus Sophia Organic Loose Leaf Tea List

Black Tea

Assam Character

Flavorful, robust with malty lingering notes. Try it with fresh mint or milk and a dash of sugar. From Northeast India.

Pairing suggestions: lasagna, bread, eggs mushrooms.

Ceylon Classic

Light liquor with hints of floral notes. A lovely tea for any time of the day. From Nuwara Eliya, Sri Lanka. **Pairing suggestions:** salads, eggplant, Fava beans, antipasto.

Darjeeling Royalty

Deep muscatel overtones with delicate flowery notes. Handpicked during the second flush, the best season for the 'champagne of teas'. From Darjeeling, India. **Pairing Suggestions:** light curry, potato salad, polenta, brie & cream cheese.

English Breakfast Traditions

A perfect breakfast tea with a full body and subtle touches of jammy toast. Blended using quality teas from India, Srilanka and Tanzania. **Pairing Suggestions:** Eggs, cheese, waffles.

Smokey Souchong Adventure

Lapsang leaves smoked over a fire of pine wood give this cup of tea a sophisticated and potent flavor profile. From Fukien Province, China. **Pairing suggestions:** strong cheeses, seitan, curries, quiches, chocolate.

Earl Grey Celebrations

Highly scented, full bodied blend, with natural bergamot oil pressed from real citrus fruits. From Uva, Sri Lanka. **Pairing suggestions:** Brunch, scones, fruits, dark chocolate.

Cream Earl Grey Curiosity

Mysteriously intoxicating cream-caramel notes and subtle vanilla, mingle with bergamot citrus essence. From Uva, Sri Lanka. **Pairing suggestions:** lavender shortbread, Afternoon Tea.

Monk's Blend Heaven

Light fruity pomegranate lifts exotic vanilla, creating a unique, heavenly flavor. From Uva, Sri Lanka. **Pairing suggestions:** eggs, tofu, honey.

Flowery Mango Tropics

Tangy fruit notes with a hint of exotic island musk, decorated with Calendula and Osmanthus petals. From Uva, Srilanka. **Pairing suggestions:** fruit, Venus Sophia's pear roquefort ciabatta.

Taj Mahal Chai Jewel

Sensuous deep floral notes of jasmine, rose and lavender are balanced with the spiciness of clove, ginger, black pepper coriander and cardamom. A jewel of a blend. From Nandi, India. **Pairing suggestions:** curries, spicy food, apple pie, cinnamon.

Blueberry Ceylon Exhilaration

Sweet on the tongue, bursting with tannic juiciness. Captures the full flavor of wild berries. From Nuwara Eliya, Sri Lanka. **Pairing suggestions:** blueberry muffins, Venus Sophia's "Tofu Chicken", cheesecake.

Green Tea

Cherry Rose Green Delicacy

Spring fresh character with body, and a light natural cherry taste, along with hints of rose. From Hunan Province, China. **Pairing suggestions:** salads, bamboo steamed vegetables, fruit.

Genmai Cha Popularity

Nutty and toasty, yet gentle, with a pleasant sweetness. The flavor comes from toasted rice. From Mie, Japan. **Pairing Suggestions:** vegetarian sushi, noodles, rice.

Jasmine Flower Romance

A fine cup of green tea with abundant Jasmine character and aroma, made possible only with midnight May blossoms. From Jiangxi Province, China. **Pairing Suggestions:** rice, nuts, Thai curry.

Peacock Green Dreaminess

Special hand rolled and formed green tea with a delicious character and delightful fruity-like flavor. **Pairing suggestions:** fine pastry, savory bites.

Sencha Fuji Forest

True to what a green tea should be, smooth, pure and fresh like spring's grass. From Japan. **Pairing suggestions:** avocado, quiches, salads, carrot cake.

Rooibos

Red Bush Rooibos *Health*

Caffeine free tea with a slightly sweet taste and low astringency. Contains high levels of antioxidants, Vitamins C and E, iron, and minerals. From Cedarberg, South Africa. **Pairing suggestions:** red pepper quiche, vegetables, salads, chocolate.

Roman Provence *Enchantment*

A mesmerizing rooibos blend. Fruity ripe berry and currant notes are balanced with mild lavender, rosehips, and rosepetals. From Cedarberg, South Africa. **Pairing suggestions:** salads, quesadillas, tarts & desserts.

Peachy Rooibos *Nectar*

Sultry peach notes accentuate the sweetness in rooibos, lifting you to peach heaven. Contains calendula petals, and blackberry leaves. From Cedarberg, South Africa. **Pairing suggestions:** baked goods, fruit.

Venus Sophia Sunshine Blend *Vitality*

Inspired by the summer sun and health benefits of rooibos, our first house blend was created. Fresh lemon balm, lemon grass, lemon zest, ginger, and calendula petals awaken your senses. **Pairing suggestions:** ginger cookies, bread, quiches, lasagna, cakes.

Herbal

Cranberry Bliss *Joy*

Pungent bursts of cranberry and apple tickle your tongue with a sweet astringency. Contains hibiscus, orange peel, and rose-hip. From Canada, Thailand and Spain. **Pairing suggestions:** fruit pies, perfect after a winter walk.

Egyptian Chamomile *Serenity*

The purest chamomile flowers blossom in Egypt, producing a full flavored, aromatic cup as rich as honey. From the Nile Delta, Egypt. **Pairing suggestions:** salads, tofu, tempeh, baklava.

Freshest of Peppermint *Menthol*

Icy cool, crisp, and takes your breath away. Peppermint calms an upset stomach, relieves heartburn and nausea. From Washington State, USA. **Pairing suggestions:** Spicy food, Middle Eastern & North African flavors, desserts.

Lovely Bella *Beauty*

Orange character with lovely sweetness of pineapple, and underlying tones of hibiscus. Contains apple, rose-hips, and has high levels of Vitamin C. From Canada, Thailand and Spain. **Pairing suggestions:** dates, nuts, grains, cakes, brie & parmesan.

Misty Mountain *Pacific*

An unforgettable luxury blend of spearmint, peppermint, rosebuds, chamomile, hibiscus, osmanthus petals and honeybush. From Egypt, USA, China. **Pairing suggestions:** Venus Sophia's brie-mango quesadilla.

Madagascar Honey-bush *Safari*

Unique woody flavor, and refreshing hints of honey with a finish reminiscent of light Madagascar pepper. Try this tea with milk and honey. From Cedarberg, South Africa. **Pairing suggestions:** roasted foods, pecans, pumpkin seeds, grainy bread.

Summer Berry *Playfulness*

Intense with full berry flavor, and soft underlying notes of tart character. Contains hibiscus petals, currants, rose-hips, and raisins. From Thailand, Spain, and Canada. **Pairing suggestions:** cheesecake, salads.

White

Pai Mu Tan *Purity*

Slightly pale cup with a fresh aroma, smooth velvety flavor, and delicate jammy notes. From Fujian Province, China. **Pairing suggestions:** light appetizers.

Oolong

Tia Kuan Yin *Elegance*

Warm, toasty with pleasant orchid notes. A profound, full bodied cup of tea, known for its slimming properties. From Fujian Province, China. **Pairing suggestions:** Thai, grilled foods, healthy eats.

Pu-ehr

Golden Pu-ehr *Earth*

Mild deep earth, musty, and vintage character. Aged for five years, the golden pu-ehr is one of the more valuable teas of its kind. **Pairing suggestions:** eggs, brunch, with heavy meals, mocha desserts.