

Breakfast

Belgian Waffles

Fresh delicate house waffles served with organic maple syrup and fruit on the side.

\$8.00

Mediterranean Breakfast **G**

Traditional Egyptian fava beans with pepper and onion, feta cheese infused with herbs, slices of cucumber, tomato, boiled egg, olives, and date. Served with pita bread.

\$11.00

Spanish Omelette **G**

Oven baked omelette with free-range eggs, potato, onion, spinach and parmesan. Served with multi grain toast.

\$9.50

Venus Granola **v**

House granola mix of healthy honey oats, ancient grains, almonds, sunflower seeds, cranberries, and coconut. Served with your choice of yoghurt, whole/skim milk, soy or almond milk, and honey and fruit.

\$8.00

Taxes not included.

Gluten free (.50 cents substitute) and **Vegan** options available where indicated.

Morning Bagel v

Grilled multigrain bagel with layers of avocado, tomato, lettuce and cream cheese. Served with fruit on the side. Hummus spread or extra salad substitute for vegans.

\$8.00

Tofu "Egg" Salad Wrap v

Scrambled tofu in turmeric with leek, carrot, red cabbage, and cream cheese in a spinach tortilla. Served with fruit.

\$8.00

Please ask about our daily freshly baked goods selection including plain croissants, cheese croissants, muffins, scones, cookies, date squares, granola bars, and more.

Taxes not included.

Gluten free (.50 cents substitute) and **V**egan options available where indicated.