

Venus Sophia Tea Room

our Organic loose leaf tea MENU

Enjoy a tea for one, share a larger pot with friends or get a special tea to go. All our teas are also available for purchase in various amounts to enjoy at home.

Read the following tea menu for detailed information

Black Tea

ASSAM (Organic)

Tea of Wakefulness ~ Harvested in Northeastern India, this tea is known for its full-bodied, smooth malt flavour, brisk with tremendous character.

Origin: Assam, India.

BIODYNAMIC BREAKFAST (Organic)

Tea of Refinement ~ This tea is grown and harvested using biodynamic farming practices, creating a superior organic black tea. Our premier blend brews a brisk cup with aromatic notes of maple leaf, honey, and cocoa.

Origin: Please enquire.

BUTTERFLY LAPSANG SOUCHONG (Organic)

Tea of Mindfulness ~ A Chinese black tea with a smooth, crisp character and remarkable aroma of pine and oak wood fires, bright with reddish hues.

Origin: Fujin, China.

CEYLON (Organic)

Tea of Perfection ~ A classic tea with light lingering hints of delicate floral notes and a smooth texture.

Origin: Nuwara Eliya, Sri Lanka.

DARJEELING (organic)

Tea of Majesty ~ This "champagne of teas" is a first flush tea which brews a pink, light amber colour. It carries a fresh floral and apple-like character, with a slightly astringent finish.

Origin: Darjeeling, India.

ENGLISH BREAKFAST (organic)

Tea of Sincerity ~ A traditional black breakfast tea full bodied, astringent, and flavourful.

Origin: Uva (Sri Lanka), Anhui (China), Usambara (Tanzania).

KEEMUN PANDA (organic)

Tea of Dependability ~ A Chinese black tea with lovely burgundy depths and light hints of an oak fire.

Origin: China.

Black Blended

BLUEBERRY CEYLON (organic)

Bluebird of Happiness Tea ~ Lofty aromas of Ceylon black tea with the ripened flavour of wild blueberries.

Origin: Uva, Sri Lanka.

CHAI (organic)

Tea of Diligence ~ According to the ancient science of Ayurveda, we need to have a balance of all six tastes throughout the day. Our fusion of organic Assam tea anchored in cardamom, cinnamon, ginger, cloves and other spices, is finely balanced to create the perfect aromatic blend.

Origin: Silk Road.

FLOWERY MANGO PEKOE (organic)

Tea of Wonder ~ Exotic black tea flavours combined with mysterious mango fruit notes, calendula flowers, and peach osmanthus petals create a sweetness touched by the delicate hint of island musk.

Origin: Uva, Sri Lanka.

LYCHEE PEACH (organic)

Tea of Life ~ This black tea carries a sweet infusion of peach, lychee essence, osmanthus and ripe pear flavour notes.

Origin: Please enquire.

MONKS BLEND (organic)

Tea of Devotion ~ The sweetness of pomegranate lifts this exotic caramel vanilla organic black tea into a unique heavenly flavour. From a pristine garden and monastery in Northern India, these monks have blended three varieties of select black tea and suffused them with special healing prayers to create a fusion from a whole other level!

Origin: Uva, Sri Lanka.

Earl Grey Tea

EARL GREY (organic)

Tea of Restoration ~ Our signature Earl Grey tea is accented with delicate blue flowers of bergamot with its essential oil infusing the air with heightened aromas.

Origin: Uva, Sri Lanka.

CREAM EARL GREY (organic)

Tea of Royalty ~ This richly flavoured black tea is hand blended with fragrant oil of bergamot. A touch of French vanilla makes this a remarkable blend with fresh citrus notes followed by a robust finish.

Origin: Uva, Sri Lanka.

EARL GREEN (organic)

Tea of Inner Beauty ~ This organic hand-rolled green tea is artistically blended with Italian oil of bergamot imbued with a fresh citrus character.

Origin: Please enquire.

HERBAL GREY (organic)

Tea of Thankfulness ~ Our fine herbal blend is elevated to new heights, with choice bergamont essential oil and hand-crafted, fair-trade rooibos tea. 100 % caffeine free.

Origin: South Africa.

Green Tea

BANCHA (organic)

Tea of Simplicity ~ An excellent quality fresh green tea that bursts with flavour tempered by hints of sweet pear. Highly suitable for children and low in caffeine.

Origin: Shizuoka, Japan.

DRAGONWELL (organic)

Tea of Nourishment ~ This tea is prized for its unique flat, sword-shaped leaves, jade green colour, fresh aroma and gentle, mellow flavour. Legend holds that a drought was remedied when a monk summoned a dragon that brought rains to fill the dry village well. To this day, the well nourishes the meadow of Zhejiang, near China's West Lake, where this dew-drenched green tea is cultivated each spring.

Origin: Zhejiang, China.

GENMAI CHA (organic)

Tea of Balance ~ This famous organic Japanese tea is known as "popcorn tea". The nutty taste of the roasted rice and barley goes well with the fresh flavour of Sencha, resulting in a savoury infusion that is a perfect complement. The yin and yang of teas.

Origin: Mie, Japan.

GUNPOWDER (organic)

Tea of Creative Renewal ~ Tender, young organic fair trade green tea leaves, rolled into small spheres resembling gunpowder, produce a grassy infusion with a slightly smoky flavor. A deeply renewing pick-me-up any time of day. Rich in fluoride, calcium, and anti-oxidants with very little caffeine.

Origin: Please enquire.

PEACH OSMANTHUS (organic)

Tea of Curiosity ~ The peach character of the osmanthus Chinese green tea comes to the fore with hints of jasmine and lily. Smooth and satisfying green notes arise on the finish.

Origin: Hunan Province, China.

PEACOCK GREEN (organic)

Tea of Gratitude ~ This tea has a delicious traditional Chinese green tea character with a delightful fruit-like early season flavour and bright emerald green colour.

Origin: Zhejiang, China.

SENCHA FUJI (organic)

Tea of Wisdom ~ This green tea character has depth, body and a bright forest green colour. It is used in Zen monasteries of Japan aiding in meditation, bringing clarity and focus. Dark leaves denote careful and mindful nurturing of true artisans.

Origin: Jiangxi, China.

Green Blended

GOLDEN GREEN DRAGON WITH JASMINE (Organic)

Tea of Grace ~ This delicately scented seasonal green tea with golden jasmine blossoms, is only made possible with midnight May flowers. The first scent of perfume encourages reflection, awareness and contemplation. Fresh mellow overtones carry a slightly astringent finish.

Origin: Please enquire.

SHUZENJI CHERRY ROSE (Organic)

Tea of Purity ~ Deep steamed organic Sencha green tea leaves are blended with rose petals and the essence of cherry.

Origin: Hunan, China.

White Tea

BIODYNAMIC BAI MU DAN (Organic)

Tea of Wellness ~ This white tea is embellished with sweet notes and a delicious lingering finish. The leaves are naturally withered and dried in the sun. Only 'two leaves and a bud' are selected and it has three times the antioxidant polyphenols as green or black tea.

Origin: Please enquire.

GOJI BLOSSOM (Organic)

Tea of Refreshment ~ This select organic white tea is hand blended with raw organic goji berries, lemon myrtle, and flower blossoms reminiscent of baked pear and orange blossoms.

Origin: Please enquire.

Pu-erh

IMMORTAL NECTAR (Organic)

Tea of Eternity ~ Since time immemorial people have traveled the world in search of the fountain of youth. Rare, premium cave-aged pu-erh, is known to decrease physical stress and lower cholesterol. This unrefined, medium-leafed, organic elixir yields a deep brown liquor with a light sherry bouquet and a smooth, earthy flavor.

Origin: Please enquire.

Oolong Tea

TI KUAN YIN OOLONG (Organic)

Tea of Compassion ~ The floral-like orchid notes imbue this organic oolong tea with a fine smooth finish. It is grown on China's high hilltops amongst fresh streams and cool, crisp air.
Origin: Fujian, China.

Yerba Mate

YERBA MATÉ (Organic)

Tea of Traditions ~ This tea is prepared from the leaves of a South American evergreen shrub, a relative to the holly bush. Mellow chrysanthemum note mingles with a lingering, delicate honey character. Green yerba maté. Is rich in caffeine.
Origin: Parana, Southern Brazil.

Herbal Tea

FRENCH LEMON GINGER (Organic)

Tea of Loyalty ~ This breath of fresh air combines lemon verbena, lemongrass, botanicals, and ginger complimented with the sweetness of South African honeybush.
Origin: Please enquire.

GOLDEN CHAMOMILE (Organic)

Tea of Tranquility ~ This tranquil, calming herbal infusion of sweet and fragrant golden chamomile blossoms is very aromatic with mild apple-like flavour notes.
Origin: Nile River Delta, Egypt.

HERBAL CHAI (Organic)

Tea of Authenticity ~ A rich infusion of genuine flavour—ginger root, cinnamon bark, anise seed, cardamom, and all spice.
Origin: Silk Road.

MIRA BELLA (organic)

Tea of Beauty ~ A refreshing herbal tea with lovely notes of sweet orange, rosy apples, ripened rosehips, and sweet hibiscus with a light pineapple background.

Origin: Canada.

PEACH ROOIBOS (organic)

Tea of Truthfulness ~ This tea has sweet and sultry peach notes accentuated by the apricot-like rooibos, calendula petals, and blackberry leaves.

Origin: Cederberg, South Africa.

RED ROOIBOS (organic)

Tea of Purpose ~ This reddish infusion with sweet fruity flavour notes, is rich in vitamins and antioxidants.

Origin: Cederberg, South Africa.

ROMAN PROVENCE ROOIBOS (organic)

Tea of Integrity ~ An enchanting herbal tea that's good for you. Luxurious rooibos, rosehips, rose petals, lavender, dried currants and elderberries.

Origin: Cederberg, South Africa.

SUMMER BERRY (organic)

Tea of Fancifulness ~ A full flavoured tisane with deep berry notes. A burgundy red colour with strength and body from elderberries, currants, rosehips, hibiscus, and raisins.

Origin: Canada, USA, Thailand, Spain.

WINDSWEPT PEPPERMINT (organic)

Tea of Vitality ~ Unforgettable 2nd cut (the best cut) peppermint leaves filled with flavour.

Origin: Washington State, USA.

WATERFALL MIST (organic)

Tea of Light ~ Quintessential notes of fruit and a light-filled ambiance composed of spearmint, peppermint, rosebuds, hibiscus, osmanthus, chamomile and honeybush.

Origin: Nile River Delta (Egypt), Washing State (USA), Anhui (China).

All loose leaf teas listed are available in TEA POTS with full tea service.
Mugs and to go options are also available.

Tea for **One** 

Tea for **Two** 

Tea for **Three** 

Tea for **Four** 

§ Tea for **MORE!**

Venus Sophia Tea Room

is proud to serve 100% Organic loose leaf tea from around the world

540 Fisgard Victoria ~ (250) 59039 ~ www.venusssophia.com